



Volume 1: Dillon Perillo, Pro Surfer

Name _____ Date _____ Class _____

Natural High: Any activity, art form or sport that you love to do and that does not involve drugs.

Role Model: Any person who shows the qualities, interests that you admire.

Watch the clip about Dillon Perillo and answer the following questions:

1. Describe Dillon Perillo's Natural High. When did he get started?
2. How would drugs affect Dillon's ability to focus and perform in the water? Be specific as possible.
3. When Robert, Dillon's surfboard shaper, says he saw "promise" in Dillon when he was young. He also said that Dillon stayed on the "right path" and stayed away from the wrong influences. What did he mean by that?
4. List two role models that you have in your life. (You may or may not know those role models.)
5. List qualities that you admire in those people mentioned in #5.
6. Are your friends also your role models?
Do your friends have qualities that you admire?
If a friend of yours does something that bothers you or that you disagree with, what do you usually do?
7. What is your "Natural High" and how does that make you feel?
8. How would drugs influence your ability to stay on the "right path" to success?