

Lauren Conrad shares fashion and more as her Natural High in the latest episode on Naturalhigh.tv

October 1st, 2010, La Jolla, California -- The public can thank Lauren Conrad for much more than the success of MTV's "Laguna Beach" and "The Hills" and recognize her for the epitome role model she is.

Conrad is the latest star to be featured on NATURALHIGH.tv, an online film series that uses celebrities, bands, and professional athletes as messengers to inspire youth to choose a natural high and reject drugs. The most recent installment highlights Conrad living out her natural highs as reality star, fashion designer extraordinaire and New York Times bestselling author.



"I think when you're so involved with drugs you have such a lack of interest and you just don't care about your future," Says the tireless fashionista. Immediately after high school Lauren was exposed to an excessive amount of drugs and alcohol in the entertainment industry. She didn't let her acquaintance with the media drive her early found passion out the window by staying committed to her desire to pursue a long term career that she can appreciate. "It's the same story over and over again, people don't really learn from it. If it gets out there that you're getting into bad things, that's your career, that's your future," Conrad comments remaining captivated by the importance of passion.

Family and an agenda keep Lauren away from drug use. "Lauren always had a passion for fashion and design. It's been so important to her," says her father Jim Conrad. That adoration for fashion makes this practical girl such a phenomenal success. "With fashion it was just this is what I want to so this is what I am going to do," she told us. "I just genuinely didn't want to do them, never really had an interest [in drugs]."

Lauren Conrad will be releasing a third novel "Sugar and Spice" and a style guide "Lauren Conrad Style" this Fall as well as coming out with a Kohls Line while making additions to her high-end fashion threads. In fact, she is now taping a new reality show for MTV centered around her new clothing line. To keep up with this prominent starlet as she opens up about her natural highs and rejecting drugs, view the film at NATURALHIGH.TV

###

For more information, please contact Allura Garis at 858-551-7006 or allura@naturalhigh.org