



# Volume 9: Toby Morse – Musician | Punk Band H2O Entrepreneur | ONE LIFE ONE CHANCE

Name \_\_\_\_\_ Date \_\_\_\_\_ Class \_\_\_\_\_

**Natural High:** Any activity, art form or sport that you love to do and that does not involve drugs.

**Stereotype:** Oversimplified exaggerated or unfavorable generalization about a category of people.

**Addiction:** A condition where a person continues to use a drug despite its adverse effects. Addiction can be physical (the body's dependence) or psychological (the mind's dependence).

## Watch the clip about Toby Morse and answer the following questions:

1. Toby grew up spending a lot of time with his brothers. What were the positive and negative effects of this?
2. Toby talks about the “cliques” that he encountered in middle school. Does it sound like he fit into these groups? Why or why not?
3. Quote: “People who tell you to do something that you don’t want to do are not your real friends.” What is your comment on this quote?
4. According to Toby, how can the use of drugs and alcohol “spiral out of control.” What does he mean by that?
5. Does Toby Morse fit the definition of a punk musician “stereotype?” Explain. (See definition above.)
6. Toby discusses addiction as a dead end which could result in:  
\_\_\_\_\_ or \_\_\_\_\_
7. What is Toby Morse’s Natural High?
8. What is your Natural High?