



## Natural High 4 Student Survey

This survey can also be filled out online at: [www.naturalhigh.org/nhvideos.html](http://www.naturalhigh.org/nhvideos.html)

ALL INFO WILL BE KEPT CONFIDENTIAL - SO PLEASE FEEL FREE TO ANSWER THE QUESTIONS OPENLY, HONESTLY, AND WITHOUT FEAR

Q1) What Grade are you in? \_\_\_\_\_

Q2) Which video did you watch?

- a) Natural high 1
- b) Natural high 2
- c) Natural high 3
- d) Natural high 4

Q3) On a scale of one to seven, how would you rate the overall video? 1 meaning it was HORRIBLE; it hurt my eyes to watch and my ears to hear, and 7 meaning it was AWESOME! I want to show all my friends!

Number scale: 1   2   3   4   5   6   7

Q4) Do you know what your natural high is?

- a) yes
- b) no

If so, what is it and how does it make you feel?

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Q5) Do you know where you can go to pursue or get more information regarding your Natural High?

- a) yes
- b) no
- c) maybe

If yes, please write any examples you can think of

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Q6) Why do you think people use drugs?

(please check all that apply)

- They think it's fun
- They feel more socially accepted when they use drugs
- They like the way they act on drugs (they believe they're more outgoing, wild, funny, pretty, cool)

- They use drugs to deal with insecurity, sadness, pain or anger
- They use drugs as a form of escape from stress
- They use drugs as a way to celebrate
- They use drugs because they're bored and its something to do
- All their friends participate in drugs
- It runs in their family or is part of their home life.

Q7) Do you believe a natural high can:

(please check all that apply)

- Make you happy
- Give you a chance to be social
- Help you to make new friends
- Keep you active and healthy
- Help you to deal with insecurity, sadness, pain or anger
- Help you escape from stress
- Give you something to do so you are not bored
- Build your self confidence

Q8) On a scale of 1 to 7, how much has the film encouraged you to reject drugs and alcohol? 1 meaning it did not encourage me at all, and 7 meaning it encouraged me a lot

Number scale: 1   2   3   4   5   6   7

Q9) On a scale of 1 to 7, how much has the film encouraged you to find a natural high? 1 meaning it did not encourage me at all, and 7 meaning it encouraged me a lot.

Number scale: 1   2   3   4   5   6   7

Q10) What if anything, impacted you the most during the film?

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Thank you for sharing your feedback. If you have any additional comments, suggestions, or testimonials please email us at [info@naturalhigh.org](mailto:info@naturalhigh.org).

P.S. Check the box below if you would like to be a part of a select group of students who are willing test upcoming DVDs and resources in return for Natural High goodies!

- Yes, sign me up for the Student Virtual Advisory Group
- No, thank you.

If yes, please provide your contact info:

Name: \_\_\_\_\_

State: \_\_\_\_\_

Email: \_\_\_\_\_