

TONY HAWK

DISCUSSION QUESTIONS



Want to share your natural high with Tony Hawk? Tweet him @tonyhawk with #LiveNaturallyHigh. He might tweet back!

1. Tony talks about feeling left out. Have you ever felt, or do you ever feel like an outcast? If so, how have you coped with it or how do you cope with it?
2. Tony describes a challenge he faced. He was injured from skateboarding - how do you think skateboarding helped him through it?
3. Tony says that saying, “no” to drugs and alcohol isn’t easy, but watching people screw up with drugs and alcohol helped to reinforce his decision to lead a naturally high life. How do you say, “no”? Why do you think it is important to stay naturally high?
4. As a celebrity, Tony attracts a lot of attention and this helped him to appreciate his real friends, How do you describe a true friend? Why is friendship important?
5. Tony describes the joy and fulfillment in landing a trick. What brings you a feeling of joy or fulfillment? Do have a version of a “trick” that you would like to land??



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