

JORDYN WIEBER

DISCUSSION QUESTIONS



Want to share your natural high with Jordyn Wieber? Tweet her @jordyn_wieber with #LiveNaturallyHigh. She might tweet back!

1. Jordyn discusses the importance of her family as inspiration and role models in her life. What are three qualities of a strong role model?
2. Describe one of your role models that you admire.
3. Jordyn talks about her disappointment at the Olympics. She felt she had let herself and others down. And, she still had to focus on the team competition and not give up. When you feel disappointed or experience failure, how do you push through?
4. Normal, teenage experiences are important parts of growing up. Jordyn talks about shopping, school dances, and going to games. What do you do in your free time?
5. Rita, Jordyn's mother, talks about guiding her children and knowing they will make their own choices eventually. Do you have someone's voice in your mind that helps remind you what the right choice is (even if you're not making it all the time)? Does that help you? Why or why not?



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Natural High is a 501(c)(3) nonprofit organization that relies on the generosity of individuals, corporations and foundations to help youth discover, amplify and pursue their own natural high so they have a reason to say no to an artificial high.

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