

LEE COULTER

DISCUSSION QUESTIONS



Want to share your natural high with Lee Coulter? Tweet him @LeeCoulter with #LiveNaturallyHigh. He might tweet back!

1. Lee says that he doesn't need an outside source to be creative and get high. What creative outlets do you have in your life?
2. What healthy habits or experiences help you relax and have fun?
3. Music helps Lee connect with strangers and loved ones. What helps you connect with other people?
4. Lee says that he stayed away from drugs because he heard they were bad. Is that enough to help you stay off drugs? What support do you need to help you say, "no"?



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