

P.O.D.

DISCUSSION QUESTIONS



Want to share your natural high with P.O.D.? Tweet them @POD with #LiveNaturallyHigh. They might tweet back!

1. Wuv talks about strength on the inside. What do you think he means by that? What strength do you have on the inside?
2. Sonny and Wuv talk about having more than one Natural High. What are some activities that engage you, even if you're not sure if they are your true Natural High?
3. Wuv says that he stayed away from drugs because he was so motivated to do what he was doing with his music. What are some activities you enjoy that you are motivated to do well?
4. Sonny and Wuv have good friends who don't peer pressure them to do bad things. Have you ever experienced peer pressure in a positive way? Have you ever experienced it in a negative way?
5. What true friends do you have that like you for you and support your decisions? How do you know?
6. How have your friends supported you or not?



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Natural High is a 501(c)(3) nonprofit organization that relies on the generosity of individuals, corporations and foundations to help youth discover, amplify and pursue their own natural high so they have a reason to say no to an artificial high.

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