

# TIM HOWARD

## DISCUSSION QUESTIONS



Want to share your natural high with Tim Howard? Tweet him @TimHowardGK with #LiveNaturallyHigh. He might tweet back!

1. How does hard work relate to success in your life? Can you give an example of something that you have worked hard for and that has yielded success?
2. Soccer and playing with his brother and friends brought Tim joy as a child. What brings you joy?
3. Tim had friends who used drugs and that reinforced an image of drug use that helped him stay off drugs. Can you identify with this? If so, how?
4. Tim talks about picking yourself up after a loss. Have you ever had to do that? Talk about your experience. Was it hard to do? What did you learn?
5. Tim talks about wanting to win and how that drives him. What drives you? What is a milestone you are looking forward to?



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