

DARTANYON CROCKETT

DISCUSSION QUESTIONS



Want to share your natural high with Dartanyon Crockett? Tweet him @DartanyonC with #LiveNaturallyHigh. He might tweet back!

1. Dartanyon remembers when he learned his mother passed away and he says that from there, everything changed. Have you ever had a moment where “everything changed”? Talk about it. What happened, and what changed? Why do you think it changed?
2. How does having a natural high help Dartanyon?
3. Do you have a natural high? If so, who helps to support or nurture it? If you don’t have one yet, is there something you’ve always wanted to try that might bring you the joy of a natural high?
4. Dartanyon talks about the struggle to trust his father. How do you know if you can trust someone?
5. Who do you trust? What makes them someone you trust?
6. Where, or when, do you feel like you can “win in real life”?
7. Dartanyon mentions there is always someone who can understand - who believes in you. Who understands you? If you struggle to answer this question, where might you start looking for someone?



FOLLOW US

@NATURALHIGH

@LIVENATURALLYHIGH

/LIVENATURALLYHIGH