

# BRYCE WETTSTEIN

## DISCUSSION QUESTIONS



Want to share your natural high with Bryce Wettstein? Tweet her @brycewettstein with #LiveNaturallyHigh. She might tweet back!

1. What sticks out to you about Bryce and the way she talks about her life?
2. Bryce talks about being unique—what are the top two or three unique qualities people seem to notice about you?
3. What's something unique about you that you don't often reveal to others?
4. Bryce also shares her perspective on mistakes. Often, people don't have such a positive outlook on mistakes, though. What goes through your mind after you make a mistake?
5. Who has shaped your perspective on making mistakes the most?
6. What would you do more of (or less of) if you shared her perspective on mistakes as learning opportunities to grow from rather than something to avoid?
7. Bryce seems really comfortable with herself and who she is. What do you think it takes for someone to grow into that kind of self-confidence?



FOLLOW US

@NATURALHIGH

@LIVENATURALLYHIGH

/LIVENATURALLYHIGH