



NATURAL HIGH FENTANYL FILM SCREENING GUIDE

Fentanyl 6-Minute Video

A GUIDE FOR EDUCATORS AND PARENTS

NATURALHIGH.ORG



IN 2022, OVER 106K PEOPLE DIED FROM DRUG OVERDOSES DRIVEN BY FENTANYL, AND THE FASTEST-GROWING GROUP IS UNDER 19.

Fentanyl poisoning is a crisis, and it's [getting worse](#). It's affecting kids and families in every community, neighborhood, and school.

Awareness is key, and we need to educate our kids right now.

Research strongly supports having frequent, ongoing discussions with kids about the harms of substance use will set them up for a thriving life.

So, we encourage you to watch the film as a group, and have a discussion using our film screening toolkit.

Preparation is key to having a successful conversation with your kids. This guide will give educators and parents the tools needed to discuss this critical and sensitive topic with kids and adults in a group setting.

IDEAS FOR FILM SHOWING



Regardless of the format, the film is a wake up call that every kid and adult needs to watch.

- Homeroom or advisory period
- School assembly
- Health class
- Youth group
- Scout meeting
- Neighborhood block party film screening
- PTA meeting
- Faith-based organization group meeting
- Sports team practice

WHAT'S INCLUDED IN THE FILM SCREENING GUIDE

1. Background and important information about the film
2. Links to stream or download
3. Educator guidelines for classroom and group facilitation
4. Parent guidelines for group facilitation
5. Suggestions for how to introduce the short film
6. Tips for holding an impactful post viewing discussion
7. Important fentanyl facts
8. Printable fentanyl posters



ABOUT THE 6-MINUTE FILM

Natural High's 6-minute fentanyl video is a short, clear, and compelling documentary-style short film about the dangers of fentanyl created for a youth audience.

It also has some dramatic images and mature concepts, which is why it's even more important for kids to watch with an adult and have a guided discussion.



Inspired by the original documentary film, *Dead On Arrival*. It first premiered in 2020 as a 20-minute film with powerful first-person accounts of fentanyl deaths told by surviving parents.

Dead On Arrival explores the various ways of fentanyl's larger impact on communities of all types, looking at the manufacture, counterfeiting, marketing, and distribution process that allows fentanyl to sneak into anyone's home.

WAYS TO WATCH

You may choose to watch either film, depending on time and/or the audience.

YOUTH FILM: FENTANYL PSA 6-MINUTE VIDEO

Short (6-Min) version for youth produced by Natural High

- ☐ YouTube: bit.ly/fentanyl-PSA-YouTube
- ☐ SchoolTube: bit.ly/fentanyl-PSA-Schooltube
- ☐ Direct Download: bit.ly/fentanyl-PSA-DL

ORIGINAL FILM: DEAD ON ARRIVAL

Full-Length (20-Min) documentary film

- ☐ YouTube: bit.ly/YTDOAog-ag
- ☐ SchoolTube: bit.ly/STDOAog-ag
- ☐ Direct Download: bit.ly/DLDOAog-ag

FOR EDUCATORS

There's no question that education is a key part of helping today's youth make healthy choices. They need accurate information from trusted sources. That's why your role is so crucial when it comes to the fentanyl crisis.

Neither kids today, nor their parents, are aware of the growing dangers of fentanyl poisoning and subsequent deaths. We aim to change that.

Taking time to share the 6-minute film and engage in a short discussion is an investment in a kid's future.

With all that's already on your plate, not to mention the academic standards you're held to, we understand how hard it is to find the time. But, we believe this film is so important that it is worth showing to your students.

If you're a teacher and have the opportunity to carve out some precious instructional time to watch and discuss the film – awesome.

Or, maybe there's a way to build some consensus for the crucial need of this discussion, and you can create an entire grade level or school assembly around the film.

Consider placing posters on fentanyl leading up to the 6-minute film screening. Natural High has one to [download here](#) (8.5 x 14).

If you're going to watch it with a group of students, here's what we recommend:

1. Watch the film first on your own, allowing the message to resonate with you.
2. Next, schedule classroom time to watch it together. Time permitting, you can watch it all at once, or in segments.
3. We put together some reflection and discussion questions you can use before and after the film to spark thinking and conversation. You know your students, so we leave it to you to determine how best to facilitate a discussion. Some suggestions: use the questions as a writing assignment, have a class discussion, or combine the two. This could look like: written reflection, partner or small group discussion, and whole class participation.

Here are three ideas to get parents involved:

- ✓ Copy and paste this info into a parent letter to send home with homework.
- ✓ Include this guide with report cards.
- ✓ Send this home with your students before summer or winter break.

FOR PARENTS

The fentanyl poisoning crisis is just that, and it's getting worse every day. Whether you've heard mention of the rise of deaths due to fentanyl in the news or not, it's very unlikely your kids are aware.

Now is the right time, no matter how young or old your kids are.

We're realistic. We understand that most kids (teenagers especially) don't want to sit down with their parents and watch a drug prevention video. That's putting it lightly.

Perhaps you often meet with groups of parents or work with kids – Scouts, PTA, youth group leader, sports coach, or you're the life of the neighborhood and like to host block parties. The possibilities are endless.

Scenarios like these are a perfect opportunity to take less than 10 minutes to spread awareness on a critical issue like fentanyl poisoning.

Again, most parents and kids are unaware of this hidden danger. Please use the film and the discussion guide to inform and educate the kids in your life.



You could tie this to an incentive they're interested in, like getting a ride to the beach or the mall, extra time on video games, or a new app they want to download. Hey, we do what we need to do, right?

There's no question that the fentanyl crisis is a threat to every kid and every family.

We believe sharing this 6-minute film will save lives.

BEFORE YOU BEGIN

Each adult should watch the short film prior to showing it to kids. That way, they won't be processing their own reactions in real-time with kids present.

It's important to know that the short film contains shocking statistics, concepts, and dramatic images. This might trigger big responses in both adults and kids.

Let kids know there will be an opportunity to process their responses and engage in a guided discussion after watching the film.

Following the screening, immediately share the discussion questions with the kids and facilitate with the time you have available.

INTRODUCING THE FILM

Opioids are a broad group of pain-relieving drugs that work by interacting with opioid receptors in your cells. Fentanyl is a synthetic opioid that is 50–100 times more potent than morphine. Illegally made fentanyl is sold through illicit drug markets for its heroin-like effect, and it is often mixed with heroin or other drugs, or pressed into counterfeit prescription pills.

The fentanyl 6-minute video is a short film about fentanyl's deadly role in the U.S. illicit drug market. The film is focused on the people at risk. Those at risk include casual users, partygoers, experimenters, regular users, and even unsuspecting bystanders who may come into contact with the powerful opioid.

In addition to the suffering and pain that fentanyl has brought to families and neighborhoods, the film is also a primer on what makes this epidemic so deadly and pervasive. It looks at the manufacture, counterfeiting, marketing, and distribution process that allows fentanyl to sneak into anyone's home.

Fentanyl is now found in nearly all of the illicit opioid market. Criminal drug networks are adding it to fake pills, heroin, and non-opioid drugs like cocaine, MDMA, Xanax, Ketamine, as well as many more “designer drugs” and marketing them as real.

This short film has some dramatic images and mature concepts. It can be difficult to watch and may trigger strong emotions. We will have an opportunity for discussion and questions following the film.

LEADING A THOUGHTFUL DISCUSSION

Likely, it would be helpful to give each kid a few moments to process their own responses to the questions, either in writing or in quiet, before sharing their thoughts (in pairs or small groups if in a group setting).

Questions for reflection and discussion after watching the film:

- The opening of the film starts with several different snapshots of real-life stressful scenarios (school setting, athletics, work, conflict with friends, an argument with parents, etc). What do you think are the factors that lead someone to be open to self-medicate with potentially harmful substances?
- What did you learn about fentanyl?
- What would you say to a friend of yours who is planning on trying a substance that might be laced with fentanyl?
- What would you say to a friend of yours who offers you a substance they swear is safe?
- What do you hope to remember from watching this film?
- What could you do to share the film and this message with your circle of friends?

NATURAL HIGH FENTANYL TOOLKIT

In 2023, the DEA confiscated over 62+ million counterfeit pills, and 7 out of 10 pills contained a lethal dose of fentanyl.

If kids learn these facts, they're 65% less likely to consider misusing prescription pills. Awareness is key and prevention works.

USE THE TWO LESSONS IN OUR FENTANYL TOOLKIT TO EDUCATE KIDS TODAY

NATURAL HIGH FENTANYL TOOLKIT

NATURALHIGH.ORG/FENTANYL

LESSON 1



Raises awareness on the dangers of fentanyl for kids, educators, parents, and caregivers.

LESSON 2



Educates kids on the prevalence and dangers of counterfeit prescription pills.

INSPIRE TEENS TO SAY 'YES' TO LIFE

1. Have kids take the Natural High [pledge to live naturally high](#).
2. Show a Natural High celebrity Storyteller video. There are over 40 Storyteller videos in the Natural High [Library](#).



EXPLORE OUR STORYTELLER LIBRARY

NATURALHIGH.ORG

Natural High is a drug prevention nonprofit that inspires and empowers youth to find their natural high and develop the skills and courage to live life well.