

LISA LESLIE

DISCUSSION QUESTIONS



Want to share your natural high with Lisa Leslie? Tweet her @LisaLeslie with #LiveNaturallyHigh. She might tweet back!

1. Representing What Matters

Lisa talks about wanting to represent her family well and make choices she could be proud of.

1. Who or what do you represent through the choices you make—your family, friends, team, community, or yourself?
2. How can thinking about who and what matters to you influence the choices you make, especially when you're under pressure?

2. Learning From People Who Inspire You

Seeing another girl play basketball helped Lisa see what was possible for her.

1. Who is someone you admire or look up to? What qualities or choices in that person inspire you?
2. How could you put one of those qualities into action in your own life?

3. Setting Goals for Your Future

In ninth grade, Lisa set an ambitious goal of making the Olympic basketball team and began working toward it.

1. What is something you want to accomplish or experience in your future? Why does that goal matter to you?
2. What choices or habits can you make now that will move you closer to that future—and what choices could take you further away?

4. Staying Focused on What Matters

Lisa's focus helped her prioritize both academics and athletics as she pursued her goals.

1. What matters most to you right now, and what helps you stay focused on those priorities?
2. How can staying drug-free help you protect the goals, relationships, passions, and future that matter to you?



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